



文化課程簡介

2023-2024 Culture Classes' Curriculum

請依據年齡限制選擇一項（文化課班級因師資關係，校方可做必要性班級調整或取消課程。文化課換班限開學後四週內）歡迎家長報名參加，若是您有子女上文化課，家長文化課收費 \$130，否則參照只上文化課學生 (\$245) 收費。

Please select one of the following classes (JSCS reserves the right to make class adjustments or cancel culture classes due to teacher availability. Change of class must be requested within 4 weeks after the school year starts.) Parents are welcome, and the fee is \$130 if you have at least one child enrolling in a culture class. Otherwise, you are considered as a culture- class-only student (\$245) fee.

趣味運動 Fun Sports Club	Age 4 and up
扯鈴 Chinese Yo-Yo 小小舞獅 Little Lion	Age 6 and up
多媒體藝術 Multimedia Art and Painting	Age 4 and up**
民族舞蹈 (II) Folk Dance (II)	Age 6 and up*
網球 Tennis	Age 6 and up
防身術 Martial Arts	Age 4 and up
成人文化課 Adult culture classes	
成人瑜珈 Gentle Yoga in-person	
成人瑜珈 Chair Yoga virtual	

學費：以下學費為文化班註冊學生未註冊語言班。已註冊語言班文化班費用已包括。成人文化課學費另計

Fee: For students only registered in a culture class. For students who also registered in a language class, the fee for the culture class is included. Adult culture class fee is not included.

Class 課程	Content 課程內容	Teacher 老師	Room 教室	Fee 學費
趣味運動 Fun Sports Club	Students will enjoy different kinds of fun sports, including Tennis, Kung Fu, soccer, basketball, etc. Younger children should be accompanied by parents.	Mr. Michael McManamon	Gym	\$245
扯鈴 Chinese Yo-Yo	Chinese yo-yo is a popular kid's folk game. It is also a performing art, sport, and family game. Students will need to buy a yo-yo which can be ordered from the teacher.	李萍	Cafeteria	\$245
多媒體藝術** Multimedia Art and Painting	Students learn to paint, draw and model at individual pace and enjoy the beauty of the Chinese art. Materials are provided by the class. Students need to bring scissors and other tools as instructed by the teacher.	陳娟 Mrs. Kuen Birch	Rm. #135	\$245+ \$35 material fee
小小舞獅 Little Lion Dance	Students will learn the traditional Chinese culture and the value of hard work, discipline and team work, while having fun. Student will use the skill taught and perform at the Chinese New Year Festival.	李萍	Cafeteria	\$245
民族舞蹈 II* Folk Dance II	Students learn and practice various types of Chinese folk dances. Please note that JSCS has some costumes, but students may need to buy costumes for performances.	周敏 Ms. Min Zhou	Rm #208	See the Dance Policy
網球 Tennis	Students will learn the basic technique and rules of table tennis.	Mr. Paul Dawson	Cafeteria	\$245
防身術 Martial	Providing instruction in multiple Martial Arts systems, our main focused style is Okinawan Goju-Ryu. In addition we offer instruction/ educational curriculum Kung Fu, Tae Kwondo, Aikido, Kick Boxing, and general Karate skills.	Mat Weisfeld	Gym	\$245

<p>瑜伽 Gentle Yoga</p>	<p>Yogi Annie is a yoga enthusiast and has been practicing yoga for the past few years. She is a certified Yoga Alliance yoga teacher for teaching yoga and meditation. Whether you are new to yoga or have been practicing yoga, feel free to bring your mat or several beach towels to the class. We will practice yoga movement, relaxation and breathing techniques. We will learn different yoga poses such as poses good for digestion and back stiffness due to sitting for too long.</p>	<p>曾安麗 Mrs. Annie O'ROURKE</p>	<p>TBD</p>	<p>\$245</p>
<p>舞獅 Lion Dance</p>	<p>Students will learn the traditional Chinese culture and the value of hard work, discipline and team work. Student will represent school to various community events and perform at the Chinese New Year Festival.</p>	<p>李萍</p>	<p>Cafeteria</p>	<p>\$245</p>

* 民族舞蹈 II 服裝，由老師協調。Dancing dresses are to be coordinated by teachers.

** 選修多媒體藝術須繳交\$35 材料費。開學兩週內可加退選，全額退材料費。開學兩週後，材料費不退。A \$35 material fee is required for multimedia arts elective. You can add and withdraw within two weeks of the start of the semester, and the material fee will be refunded in full. After two weeks of the start of the semester, the material fee will not be refunded.